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# Daily Brain Games 2017 Day-to-Day Calendar



## Synopsis

This popular, interactive, daily calendar offers puzzles designed by the brain-health experts at HAPPYneuron to stimulate mental agility. More and more research supports the connection between regular mental stimulation and maintaining brain health. That's why the daily brain games featured on each page of this calendar are the perfect way for people of all ages to keep their minds sharp. Created by experts in cognitive development, the puzzles have been specifically designed to help foster the five major brain functions. Ranging from easy to difficult, the puzzles present a fun and challenging way to keep your mind active and agile every day.

## Book Information

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